

CAREGIVER SUPPORT FRAMEWORK

Purpose of the Logic Model Framework

The visual representation of the Caregiver Support Framework in the Logic Model format provides a tool for healthcare providers to plan specific activities for achieving the desired outcomes. This format brings together all of the aspects of the framework on one page, to enable healthcare providers to visualize the key elements of the approach, identify gaps, plan and set priorities for implementing specific activities, and measure progress over a period of time.

Logic Model: An Outcome-Oriented Approach to Health Service Delivery Planning

Vision

To improve the recognition, resiliency and supportive resources for informal caregivers, in collaboration with health and community care providers, peers, and other organizations.

Main Components

Identify and Recognize

- To increase awareness/recognition of the contributions of caregivers
- To increase self-identification skills by caregivers
- To increase readiness of caregivers to seek educational and other supports for self-care
- To increase care provider skills in identifying caregivers and communicating in the most supportive manner

Referral and Navigation

- To increase caregiver self-referral and navigation tools and resources
- To expand care provider adoption of referral and navigation best practices
- To increase care provider skills in referring and navigating caregivers to the right supports

Caregiver Assessment and Care Plan

- To increase care provider skills and competencies in assessing caregiver needs and developing care plans
- To reduce the negative impacts of caregiving through care plan co-development
- To improve supports to caregivers via integrated teams and inter-organizational partnerships

Caregiver Education and Supports

- To expand the availability, flexibility and effectiveness of educational and peer support resources for caregivers
- To increase timely access by caregivers to various types of supportive services (in community, healthcare, educational and workplace settings)
- To empower caregivers to be equal partners in the care design process

Monitor and Re-evaluate Caregiver Care Plans

- To identify success factors that contribute to early recognition of caregivers
- To identify barriers to assessment and provision of supports for caregivers
- To analyze and evaluate impacts of caregiver education & support activities

Implementation Objectives

Long-term Outcomes

- 1. Early Caregiver Recognition with Proactive Referral, Navigation and Access to Supports for Caregivers**
 - Heightened awareness, recognition and understanding of the caregiving role and responsibilities.
 - Caregivers identified and supported earlier in the disease or care trajectory of the client/patient.
 - Caregivers are recognized and valued as full partners throughout the care process.
 - Simplified and effective system of access and navigation to the range of supports for caregivers.

- 2. Caregiver Assessment, Care Planning and Co-ordination of Supportive Resources and Services**
 - Care providers are competent in caregiver assessments, care planning, and providing supportive resources to caregivers in the care process.
 - Reduced caregiver uncertainty and stress due to lack of information or poor quality communication between healthcare providers, particularly at transition points between settings/providers.
 - Caregivers receive timely and relevant supportive services and resources.
 - Reduced caregiver burden based on service provision and mitigating socio-economic risk factors (such as health conditions, single parent, frail elderly, language barrier, low income level, etc.).
 - Caregiver's are satisfied with their experiences of balancing self-care, receiving supports, and providing care for others.

System Outcome

Continually improved quality of care and services in partnership with patients and caregivers.