

About dementia

Alzheimer's disease and other dementias are diseases of the brain that affect memory, thinking and behaviour. They are progressive and eventually fatal.

Alzheimer's disease is the most common form of dementia, affecting men and women of all races, religions and socio-economic backgrounds. It is not a normal part of aging and no one is immune.

Nearly 200,000 Ontarians over the age of 65 – or one out of ten seniors - have dementia, an increase of 16% over the past four years. By 2020, nearly one quarter of a million seniors in Ontario will be living with dementia.



Alzheimer Society

SAULT STE. MARIE &
ALGOMA DISTRICT

Please contact us if you would like to volunteer:

Alzheimer Society of Sault Ste. Marie and Algoma District

341 Trunk Road
Sault Ste. Marie, P6A 3S9
705-942-2195 • Toll Free: 1-877-396-7888
Fax: 705-256-6777

East Algoma Satellite Office

100 Manitoba Road
Elliot Lake, ON P5A 3T1
705-848-8145
Fax: 705-848-1306

North Algoma Satellite Office

37 Broadway Ave.
(back of the H&R Block Building)
Wawa, ON P0S 1K0
705-856-0000
Fax: 705-856-1963

-  info@alzheimeralgoma.org
-  [Facebook.com/alzheimersocietyofontario](https://www.facebook.com/alzheimersocietyofontario)
-  [follow us twitter.com/alzheimeront](https://twitter.com/alzheimeront)
-  www.alzheimer.ca/algoma

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Alzheimer Society

SAULT STE. MARIE &
ALGOMA DISTRICT

Make a difference!



Volunteer

Volunteering changes lives

- Be a **champion** for dementia
- Share your **knowledge**
- Be a source of **motivation**
- Learn new **skills**
- Meet new **people**
- Have **fun!**

You can help

There's more than one way to help. We need people of all ages, skills and interests to plan, **coordinate**, teach, speak, innovate, lead, create, **inspire**, build, be a companion, **advocate**, organize, investigate, meet and greet, answer phones and more.

Would you like to **make a difference**? We welcome any time and talents you are able to share with us. Contact us to create a schedule that works for you.

Help is needed

Volunteer visitor

Provide one-on-one support, leisure activities and friendly interaction to help improve the quality of life for people affected by Alzheimer's disease and other dementias.

Door to door canvasser

Canvass door to door on your street or a street in your neighbourhood to help raise funds and awareness.

Door to door recruiter

Recruit door to door volunteers by telephoning potential new canvassers.

Special events assistant

Assist with fundraising events and activities such as:

- **Coffee Break®**
Deliver and pick up Coffee Break® kits
- **Ladies Night Out**
Help decorate at Ladies Night Out, or assist at the auction or raffle tables
- **Walk for Memories**
Provide support for the Walk for Memories in areas such as refreshment area, registration or reception.

Office support

Assist with daily office and telephone reception, mailing, faxing, receipting, and general day to day operations of the office.

Mission Statement:

To improve the quality of life for people with Alzheimer's disease and related dementias and to provide support for their caregivers.

Value Statements:

Respect: We will show respect, through our words and actions, for the dignity of people affected by Alzheimer's disease and related dementias

Compassion: We will demonstrate empathy, concern, and understanding for people affected by Alzheimer's disease and related dementias.

Integrity: We will demonstrate honesty, reliability, confidentiality, and trustworthiness in all of our interactions

Accountability: We are accountable to our clients, members, funding organizations, and donors for the stewardship of the resources entrusted to us on behalf of our communities.

Partnerships: We will promote collaboration among staff and volunteers, community organizations and government agencies, individuals and businesses to ensure we are meeting the needs of the people we serve.

Person Centred: Our reason for being is to assist those affected by Alzheimer's disease and related dementias, and all activities will be focussed on that overriding objective.